PILGRIM'S MARKET
CDA, ID

OPEN EVERY DAY 7AM-9PM

FRESH. LOCAL. ORGANIC.

1316 N. 4TH ST. COEUR D'ALENE, ID | 208.676.9730 | PILGRIMSMARKET.COM

PENDLETON BEEF

PENDLETON GROUND BEEF



$9.99 /EA
1 lb package

NOV 16-30

Organic Mandarin Oranges
3lb bag
$4.99



NOV 16-18

Cultured Mama
Probiotic Mustard
8oz
$5.29
Reg. $6.49



NOV 16-23

Let's Do Organic
Organic Heavy Coconut Cream
13.5oz
$2.99
Reg. $5.79



NOV 15-19

Enzymedica
Digest Complete
90cap
$24.39
Reg. $30.19



NOV 11-30

Bragg
Organic Apple Cider Vinegar
32oz
$4.99
Reg. $8.19



NOV 20-25

Herbatint
Hair Color
All Varieties
5.75oz
$17.19
Reg. $19.69



NOV 11-30

Organic Valley
Organic Butter, Salted & Unsalted
8oz
$3.29
Reg. $5.39



NOV 16-20

Sambazon
Organic Amazon Energy Drinks
12oz
$1.49
Reg. $2.59



NOV 24-30

PILGRIM'S MARKET
Organic Brown Sugar
20oz
$4.79
Reg. $5.99



20% OFF

NOV 16-30

Organic Sugar Pie Pumpkins
$1.49/lb



NOV 19-22

Boody EcoWear
All Items

20% OFF



NOV 16-23

THE FLYER IS JUST THE BEGINNING! Shop the Yellow Tags In-Store for Hundreds More Deals!

YOUR LOCAL, AWARD-WINNING NATURAL FOODS STORE!

BEST OF READERS POLL 2025 INLANDER NORTH IDAHO
BEST OF READERS POLL 2026 INLANDER 2ND PLACE
IDAHO'S BEST OF 2025 PANHANDLE WINNER intbound
BEST OF 2025 SPECIALTY GROCERY THE BUSINESS JOURNAL of North Idaho
BEST OF 2025 GROCERY STORE THE BUSINESS JOURNAL of North Idaho
BEST OF 2025 SUPPLEMENT STORE THE BUSINESS JOURNAL of North Idaho

Natural Factors
Total Body Collagen Bioactive Peptides Powder, Unflavored
1.1lbs
$37.49
Reg. $43.69
NOV 11-30



Cadia
Canned Vegetables
Select Varieties
15oz
$1.99
Reg. $2.79
NOV 25-30



Organic Valley
Organic Cream Cheese
8oz
$2.99
Reg. $4.79
NOV 19-23



Wheat Montana
White Flour
25lb
$32.99
Reg. $38.99
NOV 16-30



If You Care
Large Baking Cups
60ct
$1.49
Reg. $2.59
NOV 20-25



Organic Delicata Squash
$1.49/lb
NOV 27-29



PILGRIM'S MARKET
Cranberry Apple Beverage
16 fl oz
$6.29
Reg. $8.99
NOV 23-25



Wines of Sagemoor
Estate Cabernet Sauvignon
750mL
$25/bottle
Reg. $40.00
NOV 16-30
WHILE SUPPLIES LAST



PILGRIM'S MARKET
Challah Braid
$5.59
Reg. $7.99
NOV 22-24



Organic Grapefruit
$2.79/lb
NOV 23-25



MADE RIGHT HERE
Hot & Ready Ribs



PILGRIM'S MARKET
BUY ANY
MRH Thanksgiving Side Dish
GET A
MRH Cranberry Sauce
20% OFF!
NOV 23-25



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WHAT'S FRESH AT

PILGRIM'S MARKET

THE FLYER IS JUST THE BEGINNING!

Shop the Yellow Tags In-Store for Hundreds More Deals!

SEASONAL Goodness.



EGG NOG
16oz & 32oz

THANKSGIVING SIDES
Heat & Serve!

SWEET PEPPER DROPS
Grown Right Here

SEASONAL CULTURED MAMA
Cranberry Drinking Yogurt, Cranberry Chutney



Recipe Corner:
SAUSAGE-STUFFED DELICATA SQUASH WITH GRH HARVEST CRUNCH

METHOD:

- Fry off 1 lb. of Pilgrim's Market Breakfast Sausage
- Into a bowl, combine ½ cup breadcrumbs with ⅓ cup whole milk and mix to make a panade
- Add in the sausage without the excess fat
- Add in 1 whole egg, and ½ cup of shredded mozzarella and mix aggressively until fully incorporated and you have a paste.
- Season with your preferred seasonings and mix once more
- Slice your delicata squash into 1/2-inch rings and spoon out the middle stringy and seedy bit
- Onto a parchment lined baking sheet, finely grate fresh parmesan into small 2-inch circles
- Lay the squash rings on top of the Parmesan, fill the middle of the squash with the sausage mixture, grate more parm on top, and lastly top with a sage leaf
- Bake at 400°F for 25 minutes
- Plate, top with roasted seeds, and GRH Harvest Crunch and ENJOY!!!

Cheffin' WITH MIKE



PILGRIM'S MARKET Est. 1999 REWARDS CARD

DON'T FORGET YOUR COUPON!

Rewards Program Members Receive 20% Off Any One Item Per Month!

WHAT'S FRESH AT
PILGRIM'S MARKET

THE FLYER IS JUST THE BEGINNING!
Shop the Yellow Tags In-Store for Hundreds More Deals!

SIGN UP FOR

Young Family Discount

At Pilgrim's Market we want to make organic, wholesome food and products more accessible- ***for every child, every family, every day.***

EACH MONTH, ELIGIBLE FAMILIES WILL RECEIVE:

25% off

your first $25 spent in each of the following departments:

- ***Cultured Mama • Wellness***
- ***Produce • Grocery • Bakery***
- ***Bulk • Deli • Meat***

Eligible families must have at least 1 child age 10 or younger.

Age of the child will need to be verified via documentation confirming DOB of the family's youngest child.

No documentation will be kept on file, but will just need to be visually verified upon sign up.

Questions about the program can be directed to *nicole@pilgrimsmarket.com*

Sign Up In-Store Today!